



Emily trembled, feeling as if she were coming apart at the seams. How could her friend have done that? She picked a fight with her in the middle of the lunch room, in front of everyone. Now they were all going to make fun of her and she would never live it down! She needed to pull herself back together, go in there and face them all.

Discussion Questions

1. Describe Emily's body language.
2. If Emily is trembling, how big does her problem feel?
3. What does 'feeling like you are coming apart at the seams' mean? How can you help yourself?
4. What is the difference between picking a fight and getting into a fight?
5. Would a real friend do this? What is a better way to solve a problem?
6. What does 'never live it down' mean?
7. How does Emily feel since this happened in front of everyone?
8. Do you think people will always remember the fight? Why or why not?
9. What does 'pull herself back together' mean?
10. Did you ever have to pull yourself back together? What happened?

Answer these questions and explain the problem.

Who? _____

What happened? _____

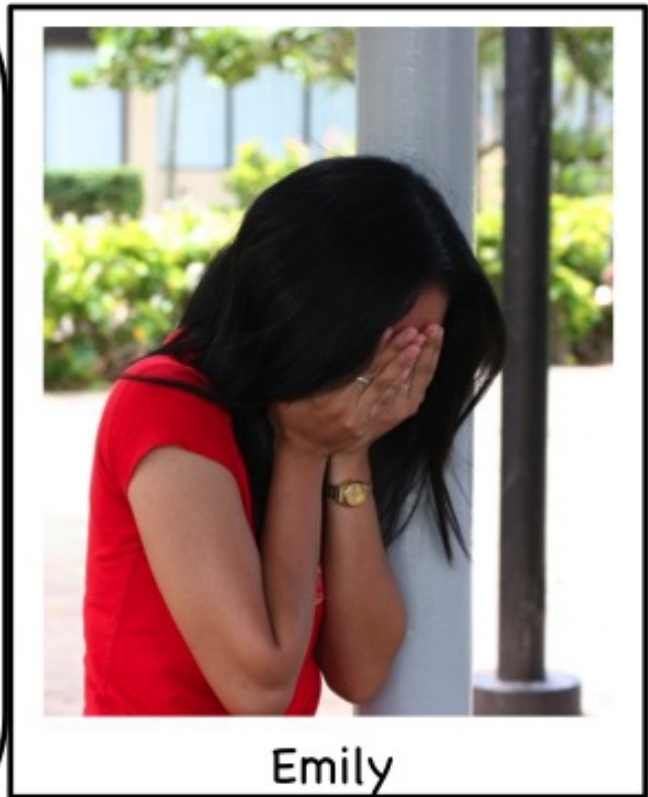
Where? _____

How feel? _____

Cause _____

Effect _____

Tell this in a sentence. _____



Solution 1: _____

What would happen next? _____

If she _____

then _____

Solution 2: _____

What would happen next? _____

If she _____

then _____

I think she should _____

because _____



Do you remember this problem? Explain it.

Remember to think about all of the people involved in this problem!

1. What outcome to the problem could Emily hope to have? _____

2. What is one thing she could do to accomplish this? _____

Name a positive outcome/pro for this solution. _____

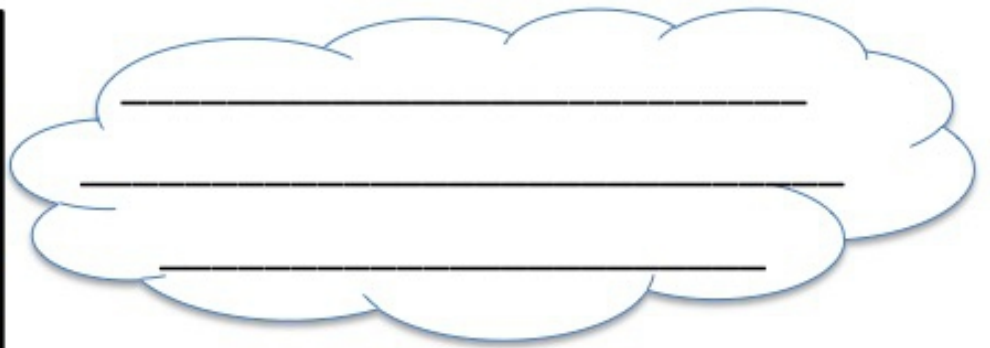
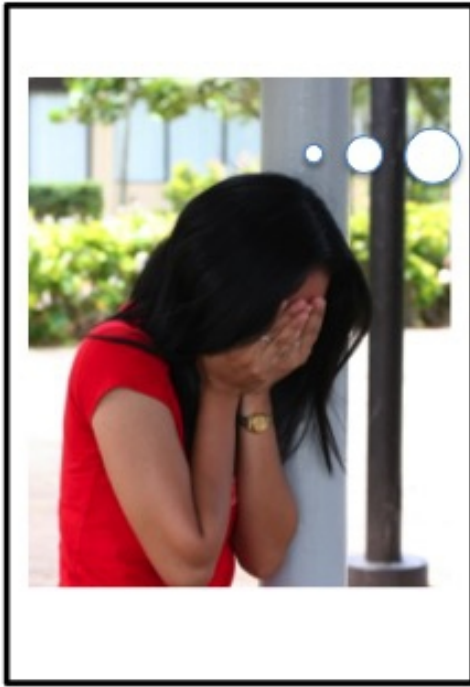
Name a negative consequence/con to this solution. _____

3. What else can she do to solve this problem? _____

Tell a positive outcome/pro for this solution. _____

Tell a negative consequence/con for this solution. _____

4. Which is the best solution? Why? _____



1. What could Emily have been thinking in this story? Write in the thinking bubble and be ready to justify your answer.

2. Describe Emily's body language. What does it tell you?

3. Why could Emily be covering her face?

4. What does 'coming apart at the seams' mean?

- a. about to lose control b. be alone c. rip your clothes

5. What does 'never live it down' mean?

- a. forget it b. hide downstairs c. always be embarrassed about

6. Describe a time that someone picked a fight with you. What did you do?

7. Do you think it is better for Emily to hide from her school mates or face them after the fight? Why? _____

8. What do true friends do when there is a problem? What qualities make a true friend? _____

Language for Solving Problems 15- Idioms

Name: _____ Date: _____

Directions: Underline the idiom in each sentence. Then rewrite the sentence to explain what it means. Use the idiom dictionary page if you need help.

1. Emily trembled, feeling as if she were coming apart at the seams.

2. She picked a fight with her in the middle of the lunch room.

3. Now they were all going to make fun of her.

4. She would never live it down.

5. She needed to pull herself back together.
